



THE HEALING POWER IN OUR STORIES

Losing the Atmosphere with Vivian Conan

Building a Resilient Westchester Series

**Tuesday, April 20th
7:00 pm via Zoom**

Join us as Vivian Conan shares from her memoir, *Losing the Atmosphere*—a moving story of resilience and family with powerful insights into her lifelong journey to mental wellness and authentic connection.

Dr. Andrew Bell, Trauma Informed Program Director at the Westchester County Department of Community Mental Health (DCMH), helps us understand the ways we all experience trauma and adversity and the power we have within ourselves and in each other for resilience and growth.

**Learn more and register at greenburghlibrary.org
or call 914-721-8225.**

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