

Rachel A Levine

Memoir Workshop – May 2023

Memoir Ideas

1. Personal history:

Earliest childhood memories, first pet (death of), first close person to die, high school years, college years, first job, first year of marriage (or relationship), first major disappointment, divorce, birth (death) of child, illness, a meaningful travel experience, any life event no matter how small it might have seemed at the time, a dream/goal you had that you accomplished or failed to, something about yourself that changed significantly from when you were young to now.

2. American history you experienced:

Kennedy(s), MLK assassinations, Cuban Missile Crisis, Vietnam War, 60's/Woodstock/Moon Landing, Watergate, Fall of Berlin Wall, Oklahoma City bombing 1995, Y2K, 911 attack, Asia Tsunami 2004, Katrina 2005, Same Sex Marriage Supreme Court ruling 2015, Pandemic

If you have lived in another country at some time, that could be a good topic.